



## Welcome to the 2018 Season of Sistas in Soccer!

Now that you have successfully registered, you're ready to get all the info!

### **SEASON START:**

The season will start May 27, 2018. Games will be played Sundays between 5-7 pm at the Royal Distributing Athletic Centre.

We will not schedule any games on the long weekends, so there will be no games on Victoria Day weekend, Canada Day weekend, Civic Holiday weekend and Labour Day weekend. The regular season will run to the middle of September. Once the schedule is made, you will be notified by email and can download it from the website.

### **YEAR-END TOURNAMENT:**

The year-end tournament will be after the regular season finishes in September – the date will be posted on the website!

### **SISSY OF THE YEAR:**

Our goal is fun first, so we like to highlight the importance of this with the Sissy of the Game nomination.

For those of you who are new to us this season, for every game played, each team will nominate one player from their team to be the Sissy. This individual will have best exemplified a positive attitude and encouraging spirit during the game. This is not necessarily the most skilled player on the team. At the end of the season, the nominations are tallied and one player from each team wins an award. She who has the most fun wins!

### **CAPTAINS, PLAYERS, AND COACHES:**

There will be a Captains and Coaches meeting held before the season begins. This will be a general meeting to answer questions and everyone is invited. Location and date will be sent out to the captains.

It is imperative that the captains (and coaches if your team has one) from each team be at this meeting or sends a representative. This is when a lot of critical information is given out, as well as all the team equipment, including balls, clipboard, jerseys etc. *If you purchased socks during registration, they will be given to the captains to distribute as well.*

### **MISCELLANEOUS BITS:**

- By early April, you will be receiving your team roster by email. This has the name and phone number of each person on your team. If you haven't received this information by two weeks prior to your season opener, please contact us.
- For insurance purposes, only registered Sistas in Soccer players can play in the league. All players must be on your team roster, **not from another Sistas team**. Our insurance coverage requires that each player have soccer cleats (not runners) and shin guards for every game. It is imperative that you have your equipment for each game or you will not be allowed to play.
- If a charity or individual approaches you regarding fundraising, this is not from us. Feel free to give where you see fit, but please know that we do not ask for any additional money or donations for organizations.

- We will be sending out another survey at the end of the season so that you have an opportunity to give feedback on the season.

**Sistas In Soccer Mission Statement**

*It is the goal of Sistas In Soccer to provide a place for women of all ages to play the game of soccer in a fun and recreational setting, to meet new people, to get some exercise and to do it in a manner that is both kind and cordial to all other members of the league. Our mission is not to fundraise, create a competitive atmosphere, to cause harm or to undermine other players or leagues.*

Every year we have made changes to the league as it has stretched and grown. We have really appreciated the continued support of you, our players, and want to continue to offer a fun soccer experience at the recreational level.

Sincerely,

Candy and Mel